Concise Nicespeechlady.com Self-Perception Assessment: Expressive Language, Version 1
(C-NSPA: Expressive Language1)

Instructions: Patient, please answer the questions below:

**DEFINITIONS:**

- **Basic communication** = speaking in single words or few words at a time.
- **Moderately-advanced communication** = speaking in sentences, mostly about simple ideas.
- **Complex communication** = long sentences, uncommon words

1. If others have patience with me, I can effectively communicate with them.
   NEVER (1) OCCASIONALLY (2) SOMETIMES (3) MOSTLY (4) ALWAYS (5)

2. I say what I need at the end of the day the same as the start of the day.
   NEVER (1) OCCASIONALLY (2) SOMETIMES (3) MOSTLY (4) ALWAYS (5)

3. I can say what I need if only basic communication is needed, without help.
   NEVER (1) OCCASIONALLY (2) SOMETIMES (3) MOSTLY (4) ALWAYS (5)

4. I can say what I need if only moderately-advanced communication is needed, without help.
   NEVER (1) OCCASIONALLY (2) SOMETIMES (3) MOSTLY (4) ALWAYS (5)

5. I can say what I need if complex communication is needed, without help.
   NEVER (1) OCCASIONALLY (2) SOMETIMES (3) MOSTLY (4) ALWAYS (5)

6. If someone doesn’t understand how I communicate, I can adjust.
   NEVER (1) OCCASIONALLY (2) SOMETIMES (3) MOSTLY (4) ALWAYS (5)

7. I practice my home program 5 days out of every week or more.
   NEVER (1) OCCASIONALLY (2) SOMETIMES (3) MOSTLY (4) ALWAYS (5)

8. I try to use my strategies to communicate.
   NEVER (1) OCCASIONALLY (2) SOMETIMES (3) MOSTLY (4) ALWAYS (5)

9. I would attend social events in the future, because my speaking skills are functional.
   NEVER (1) OCCASIONALLY (2) SOMETIMES (3) MOSTLY (4) ALWAYS (5)

10. I am moving in the right direction in improving my expressive speaking skills.
    NEVER (1) OCCASIONALLY (2) SOMETIMES (3) MOSTLY (4) ALWAYS (5)
SLP-chosen for you, from the Nicespeechlady.com library

SPEECH PATHOLOGY PATIENT: ________________________________

SPEECH PATHOLOGIST: ________________________________

SPECIAL INSTRUCTIONS: ________________________________

______________________________

SCORE = _____/50

New discussion items ________________________________________________________________________

Level of Assistance Provided (reading items, caregiver input, etc.):

__________________________________________________________________________________________

Scoring Projection Data — Patient’s Expressive Language Skill Level Self-Perception is projected as:

10 — 17 = profound involvement/total assistance required
18 — 25 = severe involvement/maximum assistance required
26 — 32 = moderate involvement/moderate cues required
33 — 37 = mild involvement/minimum cues required
38 — 44 = WFLs with independent use of strategies
45 — 50 = WNLs with independent use of strategies

Nicespeechlady.com resources are intended for speech-language pathology professionals only – in order to augment treatment as indicated, or for general information-purposes for friends of the SLP profession. SLPs should access these resources and provide content up to the level of their experience, and liability of use outside what would be indicated falls onto the responsibility of the SLP. See “Terms and Conditions.” Please return back to Nicespeechlady.com for additional copies and more materials for treatment home programs, resources and assessment tools.