Concise Nicespeechlady.com Self-Perception Assessment: Expressive Language, Version 2
(C-NSPA: Expressive Language2)

Instructions: Please answer questions below:

DEFINITIONS:
Basic communication = speaking in single words or few words at a time.
Moderately-advanced communication = speaking in sentences, mostly about simple ideas.
Complex communication = long sentences, uncommon words.

1. I can communicate my thoughts effectively if the listener takes the time.
   NEVER (1)  OCCASIONALLY (2)  SOMETIMES (3)  MOSTLY (4)  ALWAYS (5)

2. I feel I can say what I need to others just the same at the end of the day like the start of the day.
   NEVER (1)  OCCASIONALLY (2)  SOMETIMES (3)  MOSTLY (4)  ALWAYS (5)

3. If only basic communication is needed, I can say what I need, without others helping.
   NEVER (1)  OCCASIONALLY (2)  SOMETIMES (3)  MOSTLY (4)  ALWAYS (5)

4. If moderately-advanced communication is needed, I can say what I need, without others helping.
   NEVER (1)  OCCASIONALLY (2)  SOMETIMES (3)  MOSTLY (4)  ALWAYS (5)

5. If complex communication is needed, I can say what I need, without others helping.
   NEVER (1)  OCCASIONALLY (2)  SOMETIMES (3)  MOSTLY (4)  ALWAYS (5)

6. I can modify when the person doesn’t understand how I communicate.
   NEVER (1)  OCCASIONALLY (2)  SOMETIMES (3)  MOSTLY (4)  ALWAYS (5)

7. I perform my home program at least 10 days out of every two-week period.
   NEVER (1)  OCCASIONALLY (2)  SOMETIMES (3)  MOSTLY (4)  ALWAYS (5)

8. I try to use techniques to communicate.
   NEVER (1)  OCCASIONALLY (2)  SOMETIMES (3)  MOSTLY (4)  ALWAYS (5)

9. If invited to an event, I would go, because I can communicate expressively.
   NEVER (1)  OCCASIONALLY (2)  SOMETIMES (3)  MOSTLY (4)  ALWAYS (5)
10. I am moving forward in expressing myself.

NEVER (1) OCCASIONALLY (2) SOMETIMES (3) MOSTLY (4) ALWAYS (5)

SCORE = _____/50

New discussion items ____________________________________________________________

Level of Assistance Provided (reading items, caregiver input, etc.):

______________________________________________________________

Scoring Projection Data — Patient’s Expressive Language Skill Level Self-Perception is projected as:

10 — 17 = profound involvement/total assistance required
18 — 25 = severe involvement/maximum assistance required
26 — 32 = moderate involvement/moderate cues required
33 — 37 = mild involvement/minimum cues required
38 — 44 = WFLs with independent use of strategies
45 — 50 = WNLs with independent use of strategies