

SLP-chosen for you, from the Nicespeechlady.com library SPEECH PATHOLOGY PATIENT: _____

SPEECH PATHOLOGIST: _____

SPECIAL INSTRUCTIONS: _____

_____ DATE: _____



Nice Speech Lady

HOME PROGRAM: Following Simple Directions, #1

Practicing tasks that address goals need to be conducted every day for positive outcomes. Patients performing home programs each day — allow for daily work toward goals.

Instructions: Caregivers are too set a time aside each day, for about 10 minutes at least, in order to allow the patient to practice following simple directions. Ask them one at a time, and provide visual help to cue the patient to follow the direction -- if they have difficulty after the first attempt.

“Let’s follow some directions.”

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|-------------------------|----|-----------------------------|
| • Point at me | -- | Make the peace sign |
| • Give me a high five | -- | Wave at me |
| • Point to the floor | -- | Puff out your cheeks |
| • Show me your shirt | -- | Look at the ceiling |
| • Tap my arm | -- | Make a fist |
| • Scratch your arm | -- | Show me your nails |
| • Smack your lips | -- | Pop your tongue |
| • Touch your ear | -- | Nod your head |
| • Close your eyes | -- | Dance in the chair (or bed) |
| • Touch your eyebrow | -- | Touch your hair |
| • Show me your thumb | -- | Point to you |
| • Drum your fingers | -- | Show me your hands |
| • Shake your head | -- | Clap your hands |
| • Pucker your lips | -- | Wink |
| • Make a surprised look | -- | Point to your chest |
| • Tap your finger | -- | Show me two fingers |
| • Hug yourself | -- | Show me your arm |
| • Make a funny face | -- | Do a thumbs-up |
| • Smile | -- | Cover up your face |
| • Shake my hand | -- | Show me the chair (or bed) |
| • Snap your fingers | -- | Sing a song |
| • Show me your lap | -- | Point to the ceiling |
| • Blink your eyes | -- | Stick out your tongue |
| • Make a fist | -- | Look at your feet |
| • Show me your neck | -- | Yawn |