SLP-chosen for you, from the Nicespeechlady.com library	SPEECH PATHOLOGY PATIENT:			
	SPEECH PATHOLOGIST:			
**************************************	SPECIAL INSTRUCTIONS:			
Nice Speech Lady		ÞATE:		
HOME PROGRAM: Following Simple Directions, #2				

Practicing tasks that address goals need to be conducted every day for positive outcomes. Patients performing home programs each day — allow for daily work toward goals.

Instructions: Caregivers are too set a time aside each day, for about 10 minutes at least, in order to allow the patient to practice following simple directions. Ask them one at a time, and provide visual help to cue the patient to follow the direction -- if they have difficulty after the first attempt.

"Let's follow some directions."

•	Frown	 Point to your foot
•	Look behind you	 Touch your shoulders
•	Stretch out your arms	 Salute
•	Show me your pinky finger	 Shrug your shoulders
•	Run your fingers through your hair	 Show me your teeth
•	Blink your eyes	 Show me your hands
•	Clap your hands	 Show me your cheeks
•	Slap your knee	 Make a funny face
•	Laugh	 Do a thumbs-up
•	Smile	 Make a jealous face
•	Shake my hand	 Cough
•	Shake your head	 Pucker your lips
•	Show me your shirt	 Tap my arm
•	Kick your leg	 Scratch your arm
•	Smack your lips	 Touch your ear
•	Shake your wrists	 Pop your tongue
•	Touch your hair	 Stick out your tongue
•	Close your eyes	 Look at the ceiling
•	Make a fish gesture	 Show me your nails
•	Wink	 Look at the ceiling
•	Make a fist	 Show me your nails
•	Show me three fingers	 Swim with your arms
•	Make a funny noise	 Yawn
•	Give me a high five	 Point to the floor
•	Cock you head	 Puff out your cheeks

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