

SLP-chosen for you, from the Nicespeechlady.com library SPEECH PATHOLOGY PATIENT: _____

SPEECH PATHOLOGIST: _____

SPECIAL INSTRUCTIONS: _____

_____ DATE: _____



Nice Speech Lady

HOME PROGRAM: Following Simple Directions, #4

Practicing tasks that address goals need to be conducted every day for positive outcomes. Patients performing home programs each day — allow for daily work toward goals.

Instructions: Caregivers are too set a time aside each day, for about 10 minutes at least, in order to allow the patient to practice following simple directions. Ask them one at a time, and provide visual help to cue the patient to follow the direction -- if they have difficulty after the first attempt.

“Let’s follow some directions.”

- | | | |
|------------------------------|----|-------------------------------|
| • Stick out your tongue | -- | Make a fist |
| • Take a deep breath | -- | Slap you knee |
| • Snap | -- | Point at the floor |
| • Sing | -- | Show me three fingers |
| • Raise your hand | -- | Show me your neck |
| • Flap your arms | -- | Smile |
| • Blink your eyes | -- | Click your tongue |
| • Yawn | -- | Touch your ear |
| • Close your eyes | -- | Look at your feet |
| • Point to your feet | -- | Tug your ear |
| • Dance | -- | Clap your hands |
| • Slap your leg | -- | Nod your head |
| • Point at me | -- | Pull your socks |
| • Touch your knee | -- | Point at the door |
| • Cross your arms | -- | Wink |
| • Point to the floor | -- | Tap your fingers |
| • Show me your hand | -- | Fold your hands like a prayer |
| • Point to your eye | -- | Smile |
| • Make a thumbs-up | -- | Point to the floor |
| • Give me a high five | -- | Point at me |
| • Shake your head | -- | Make a fist |
| • Cover your eyes | -- | Show me your pointer finger |
| • Show me your nails | -- | Perform a royal wave |
| • Pucker your lips | -- | Make a surprised look |
| • Put your hands on your lap | -- | Talk in a whisper |