SLP-chosen for you, from the Nicespeechlady.com library SPEECH PATHOLOGY PATIENT: _____

SPEECH PATHOLOGIST:

Nice Speech Lady

SPECIAL INSTRUCTIONS:

DATE:

HOME PROGRAM: Following Simple Directions with Pen and Paper, #1

Practicing tasks that address goals need to be conducted every day for positive outcomes. Patients performing home programs each day — allow for daily work toward goals.

<u>Instructions</u>: Caregivers are too set a time aside each day, for about 10 minutes at least, in order to allow the patient to practice following simple directions. Ask them one at a time, and provide visual help to cue the patient to follow the direction -- if they have difficulty after the first attempt.

"Let's use this pen and paper, and follow some directions:"

- 1. Draw a circle
- 2. Write down 4 numbers in the circle, any numbers you choose
- 3. Write down a number in the circle in word format on the right of the circle
- 4. Circle any "o" letters
- 5. X out any "e" letters
- 6. Draw a hand
- 7. Draw a square
- 8. Put another number in the circle
- 9. Make a cube shape
- 10. Draw a heart
- 11. Fill it in
- 12. Draw a smile
- 13. Draw a rectangle
- 14. Fill it in
- 15. Draw an oblong shape
- 16. Flip over the page
- 17. On this page, draw a circle
- 18. Write down 3 numbers in the circle, any numbers you choose
- 19. Write down a number in the circle in word format on the right of the circle
- 20. Circle any "f" letters
- 21. X out any "a" letters
- 22. Draw a square

<u>Nicespeechlady.com</u> resources are intended for speech-language pathology professionals only – in order to augment treatment as indicated, or for general information-purposes for friends of the SLP profession. SLPs should access these resources and provide content up to the level of their experience, and liability of use outside what would be indicated falls onto the responsibility of the SLP. See "Terms and Conditions." Please return back to <u>Nicespeechlady.com</u> for additional copies and more materials for treatment home programs, resources and assessment tools.

SLP-chosen for you, from the Nicespeechlady.com library	SPEECH PATHOLOGY PATIENT:
---	---------------------------



SPEECH PATHOLOGIST:

SPECIAL INSTRUCTIONS:

DATE: _____

- 23. Put another number in the circle
- 24. Draw a rectangle
- 25. Fill it in
- 26. Draw a heart
- 27. Fill it in
- 28. Draw an oblong shape
- 29. Draw a line up to down
- 30. Draw a line from side to side
- 31. Make two circles joined together
- 32. Repeat another line from up to down
- 33. Repeat another line from side to side
- 34. Circle three numbers
- 35. Flip over the page
- 36. Draw a nose
- 37. Draw a line up to down
- 38. Draw a line from side to side
- 39. Repeat another line from up to down
- 40. Repeat another line from side to side
- 41. Draw a foot
- 42. Circle two numbers
- 43. Rip up a small part of the paper from the paper, in a line
- 44. Do this again
- 45. And again
- 46. Keep ripping until -- you have a number of strips of paper left
- 47. Crumple up half of the strips into a ball
- 48. Crumple up the other half of strips into a ball
- 49. Form the two balls together
- 50. Throw the paper in the trash

Nicespeechlady.com resources are intended for speech-language pathology professionals only – in order to augment treatment as indicated, or for general information-purposes for friends of the SLP profession. SLPs should access these resources and provide content up to the level of their experience, and liability of use outside what would be indicated falls onto the responsibility of the SLP. See "Terms and Conditions." Please return back to Nicespeechlady.com for additional copies and more materials for treatment home programs, resources and assessment tools.