SLP-chosen for you, from the Nicespeechlady.com library SPEECH PATHOLOGY PATIENT: \_\_\_\_\_

SPEECH PATHOLOGIST:

Nice Speech Lady

SPECIAL INSTRUCTIONS:

DATE:

## HOME PROGRAM: Following Simple Directions with Pen and Paper, #1

Practicing tasks that address goals need to be conducted every day for positive outcomes. Patients performing home programs each day — allow for daily work toward goals.

<u>Instructions</u>: Caregivers are too set a time aside each day, for about 10 minutes at least, in order to allow the patient to practice following simple directions. Ask them one at a time, and provide visual help to cue the patient to follow the direction -- if they have difficulty after the first attempt.

"Let's use this pen and paper, and follow some directions:"

- 1. Draw a circle
- 2. Write down 4 numbers in the circle, any numbers you choose
- 3. Write down a number in the circle in word format on the right of the circle
- 4. Circle any "o" letters
- 5. X out any "e" letters
- 6. Draw a hand
- 7. Draw a square
- 8. Put another number in the circle
- 9. Make a cube shape
- 10. Draw a heart
- 11. Fill it in
- 12. Draw a smile
- 13. Draw a rectangle
- 14. Fill it in
- 15. Draw an oblong shape
- 16. Flip over the page
- 17. On this page, draw a circle
- 18. Write down 3 numbers in the circle, any numbers you choose
- 19. Write down a number in the circle in word format on the right of the circle
- 20. Circle any "f" letters
- 21. X out any "a" letters
- 22. Draw a square

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SPEECH PATHOLOGIST:

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- 23. Put another number in the circle
- 24. Draw a rectangle
- 25. Fill it in
- 26. Draw a heart
- 27. Fill it in
- 28. Draw an oblong shape
- 29. Draw a line up to down
- 30. Draw a line from side to side
- 31. Make two circles joined together
- 32. Repeat another line from up to down
- 33. Repeat another line from side to side
- 34. Circle three numbers
- 35. Flip over the page
- 36. Draw a nose
- 37. Draw a line up to down
- 38. Draw a line from side to side
- 39. Repeat another line from up to down
- 40. Repeat another line from side to side
- 41. Draw a foot
- 42. Circle two numbers
- 43. Rip up a small part of the paper from the paper, in a line
- 44. Do this again
- 45. And again
- 46. Keep ripping until -- you have a number of strips of paper left
- 47. Crumple up half of the strips into a ball
- 48. Crumple up the other half of strips into a ball
- 49. Form the two balls together
- 50. Throw the paper in the trash

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