

SLP-chosen for you, from the Nicespeechlady.com library SPEECH PATHOLOGY PATIENT: _____

SPEECH PATHOLOGIST: _____

SPECIAL INSTRUCTIONS: _____



DATE: _____

HOME PROGRAM: Following Simple Directions with Pen and Paper, #1

Practicing tasks that address goals need to be conducted every day for positive outcomes. Patients performing home programs each day — allow for daily work toward goals.

Instructions: Caregivers are to set a time aside each day, for about 10 minutes at least, in order to allow the patient to practice following simple directions. Ask them one at a time, and provide visual help to cue the patient to follow the direction -- if they have difficulty after the first attempt.

“Let’s use this pen and paper, and follow some directions:”

1. Draw a circle
2. Write down 4 numbers in the circle, any numbers you choose
3. Write down a number in the circle in word format on the right of the circle
4. Circle any “o” letters
5. X out any “e” letters
6. Draw a hand
7. Draw a square
8. Put another number in the circle
9. Make a cube shape
10. Draw a heart
11. Fill it in
12. Draw a smile
13. Draw a rectangle
14. Fill it in
15. Draw an oblong shape
16. Flip over the page
17. On this page, draw a circle
18. Write down 3 numbers in the circle, any numbers you choose
19. Write down a number in the circle in word format on the right of the circle
20. Circle any “f” letters
21. X out any “a” letters
22. Draw a square

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23. Put another number in the circle
24. Draw a rectangle
25. Fill it in
26. Draw a heart
27. Fill it in
28. Draw an oblong shape
29. Draw a line up to down
30. Draw a line from side to side
31. Make two circles joined together
32. Repeat another line from up to down
33. Repeat another line from side to side
34. Circle three numbers
35. Flip over the page
36. Draw a nose
37. Draw a line up to down
38. Draw a line from side to side
39. Repeat another line from up to down
40. Repeat another line from side to side
41. Draw a foot
42. Circle two numbers
43. Rip up a small part of the paper from the paper, in a line
44. Do this again
45. And again
46. Keep ripping until -- you have a number of strips of paper left
47. Crumple up half of the strips into a ball
48. Crumple up the other half of strips into a ball
49. Form the two balls together
50. Throw the paper in the trash