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Nice Speech Lady

SPEECH PATHOLOGY PATIENT: _____

SPEECH PATHOLOGIST: _____

SPECIAL INSTRUCTIONS: _____

_____ DATE: _____

HOME PROGRAM: Naming Common Items in the Home with Distractions

Practicing tasks that address goals need to be conducted every day for positive outcomes. Patients performing home programs each day — allow for daily work toward goals.

Instructions: Gather up about five to up to 20 common objects around the home, each time using different items when performing this exercise. Refer to the "distraction list" at the bottom of this home program for use on all items. Randomly use different distraction list items. Perform the following actions, with family members/caregivers providing cues as it is needed -- for the patient to perform the naming/describing tasks (a choice of two options for the patient to verbalize the target word, or provide some hints/tips that assist the patient in labeling items, just as stating the name of the first letter of the word):

_____
"Let's practice naming objects. I will ask you to follow a lot of directions, too. Ready?"

- Name the objects for the patient. Ask the patient to repeat the words as you say them, if needed. After this, ask the patient to perform a distraction task. Then, ask the patient to name the objects.

- Group like items together by size/shape. Name different categories of the sizes/shapes for the patient. Ask the patient to repeat the words as you say them. After this, ask the patient to perform a distraction task. Then, ask for the patient to name categories.

- Group like items together by function of the objects. Name the different categories of functional uses for the patient. Ask the patient to repeat the words as you say them. After this, ask the patient to perform a distraction task. Then, ask for the patient to name the function categories.

- Group like items together by the color of the objects. Name the different groups of colors the patient. Ask the patient to repeat the words as you say them. After this, ask the patient to perform a distraction task. Then, ask for the patient to name the colors.

- Group like items together by the rooms the items could be found in. Name the different categories of room locations for the patient. Ask the patient to repeat the words as you say them. After this, ask the patient to perform a distraction task. Then, ask for the patient to name the rooms the items could be found in.

- Group like items together by roughly-determined price ranges. Name the different categories of these price ranges for the patient. Ask the patient to repeat the words as you say them. After this, ask the patient to perform a distraction task. Then, ask for the patient to name the roughly-determined price ranges.

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- Group like items together by frequency of use (every day, only on Sundays, once a month, once a year, etc.). Name the different categories of frequency of use for the patient. Ask the patient to repeat the words as you say them. After this, ask the patient to perform a distraction task. Then, ask for the patient to categories of frequency of use.

- Group like items together in categories from most durable, semi-durable and least durable. Name the different categories for the patient. Ask the patient to repeat the words as you say them. After this, ask the patient to perform a distraction task. Then, ask for the patient to groups of durability of the various objects.

Distraction List: (provide a model for the patient if they have difficulty answering the distraction tasks)

- Please count from 1 to 10
- Please tell me your legal name
- Please tell me something you don't want to forget
- Please tell me how old you are
- Please tell me the days of the week
- Please tell me what the weather is like
- Please tell me if it is morning, noon or night -- right now
- Please tell me what your pain level is right now
- Please tell me one memorable event from yesterday
- Please tell me what your plans are, after we finish up
- Please tell me your favorite movie
- Please tell me something you worry about
- Please tell me something you need to get done today
- Please tell me how you are feeling emotionally right now
- Please tell me one thing you are proud of doing this week
- Please tell me what challenges are coming your way tomorrow
- Please tell me something you would really like to do
- Please tell me what town you live in
- Please tell me the months of the year
- Please tell me where you were born
- Please tell me your family members' names
- Please tell me one thing you have done today
- Please tell me what state we are in
- Please tell me your favorite song