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HOME PROGRAM: Naming Common Items in the Home

Practicing tasks that address goals need to be conducted every day for positive outcomes. Patients performing home programs each day — allow for daily work toward goals.

Instructions: Gather up about five to up to 20 common objects around the home, each time using different items when performing this exercise. Perform the following actions, with family members/caregivers providing cues as it is needed -- for the patient to perform the naming/describing tasks (a choice of two options for the patient to verbalize the target word, or provide some hints/tips that assist the patient in labeling items, just as stating the name of the first letter of the word):

"Let's practice naming objects. I will ask you to follow a lot of directions, too. Ready?"

- Name the objects for the patient. Ask the patient to repeat the words as you say them, if needed. Then, ask the patient to name the objects.
- Group like items together by size/shape. Name different categories of the sizes/shapes for the patient. Ask the patient to repeat the words as you say them. Then, ask for the patient to name categories.
- Group like items together by function of the objects. Name the different categories of functional uses for the patient. Ask the patient to repeat the words as you say them. Then, ask for the patient to name the function categories.
- Group like items together by the color of the objects. Name the different groups of colors the patient. Ask the patient to repeat the words as you say them. Then, ask for the patient to name the colors.
- Group like items together by the rooms the items could be found in. Name the different categories of room locations for the patient. Ask the patient to repeat the words as you say them. Then, ask for the patient to name the rooms the items could be found in.
- Group like items together by roughly-determined price ranges. Name the different categories of these price ranges for the patient. Ask the patient to repeat the words as you say them. Then, ask for the patient to name the roughly-determined price ranges.
- Group like items together by frequency of use (every day, only on Sundays, once a month, once a year, etc.). Name the different categories of frequency of use for the patient. Ask the patient to repeat the words as you say them. Then, ask for the patient to categories of frequency of use.

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