

SLP-chosen for you, from the Nicespeechlady.com library SPEECH PATHOLOGY PATIENT: \_\_\_\_\_

SPEECH PATHOLOGIST: \_\_\_\_\_

SPECIAL INSTRUCTIONS: \_\_\_\_\_

DATE: \_\_\_\_\_



### **HOME PROGRAM: Recall, Common Items Around the Home, Version A**

Practicing tasks that address goals need to be conducted every day for positive outcomes. Patients performing home programs each day — allow for daily work toward goals.

Instructions: Choose and gather three objects around the home, with each day using different items when performing this exercise. Perform the following actions, with family members/caregivers providing cues for the patient to perform the recall/memory tasks (a choice of two options for the patient to verbalize the target word, or provide some hints/tips that assist the patient in recalling the items, just as stating the name of the first letter of the word):

- Decide/establish the indicated three objects for this day
- Write down the words and keep the paper in a safe place to refer to in the future if it is needed.
- Name the objects for the patient. Ask the patient to imitate you. Explain that the exercise today for the home program for speech pathology is to recall/remember these items, and you will be asking about them shortly, then throughout the day. Ask the patient to find a way to connect the objects together, such as in a story or how the objects function together. Mental imagery, in seeing the objects in their mind with their eyes closed, is also a good task to perform.
- In 5 minutes, try to recall the items with the patient. Give hints as indicated.
- In 10 minutes, try to recall the items with the patient. Give hints as indicated.
- In 30 minutes, try to recall the items with the patient. Give hints as indicated.
- In one hour, try to recall the items with the patient. Give hints as indicated.
- In hour after, try to recall the items with the patient. Give hints as indicated.
- In 2 hours after, try to recall the items with the patient. Give hints as indicated.
- In the afternoon, try to recall the items with the patient. Give hints as indicated.
- Before bedtime try to recall the items with the patient. Give hints as indicated.

As these tasks becomes easier and easier, words that are not objects can be utilized that are not objects (such as emotions, word like “anniversary,” or “necessary.”)

More than three words can be utilized as well to create harder tasks, such as 5 words, etc. Pictures can be utilized out of magazines, words can be chosen out of books, etc.

To make the tasks more difficult, phrases or quotes can be utilized. The idea is to utilize different items each and every day -- for continuous, fresh and new information to recall.

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