



HANDOUT-ABLE: Rating Need/Interest in Functional Activities for Therapy Purposes

Instructions: circle the area that corresponds to you/person receiving services, in terms of need and interest.

Functional activity:

Managing bills	Interest level: None Slight Moderate High	NOTES: _____
Writing gratitude lists	Interest level: None Slight Moderate High	NOTES: _____
Cooking/baking	Interest level: None Slight Moderate High	NOTES: _____
Journaling	Interest level: None Slight Moderate High	NOTES: _____
Fundraising for charities	Interest level: None Slight Moderate High	NOTES: _____
Organizing in general	Interest level: None Slight Moderate High	NOTES: _____
Follow recipes	Interest level: None Slight Moderate High	NOTES: _____
Planning clothing ensembles	Interest level: None Slight Moderate High	NOTES: _____
Finding ways to save money	Interest level: None Slight Moderate High	NOTES: _____
Focusing on work opportunities	Interest level: None Slight Moderate High	NOTES: _____
Sequencing dressing tasks	Interest level: None Slight Moderate High	NOTES: _____
Handling emergency situations	Interest level: None Slight Moderate High	NOTES: _____
Managing transportation issues	Interest level: None Slight Moderate High	NOTES: _____
Scrapbooking	Interest level: None Slight Moderate High	NOTES: _____
Shopping	Interest level: None Slight Moderate High	NOTES: _____
Plan a vacation	Interest level: None Slight Moderate High	NOTES: _____
Organizing social events	Interest level: None Slight Moderate High	NOTES: _____
Sequencing personal hygiene	Interest level: None Slight Moderate High	NOTES: _____
Financial planning	Interest level: None Slight Moderate High	NOTES: _____
Completing puzzles	Interest level: None Slight Moderate High	NOTES: _____
Controlling temperature	Interest level: None Slight Moderate High	NOTES: _____
Companionship opportunities	Interest level: None Slight Moderate High	NOTES: _____
Managing medications	Interest level: None Slight Moderate High	NOTES: _____



Planning camping trips	Interest level: None Slight Moderate High	NOTES: _____
Painting	Interest level: None Slight Moderate High	NOTES: _____
Navigate electronics	Interest level: None Slight Moderate High	NOTES: _____
Scheduling leisure activities	Interest level: None Slight Moderate High	NOTES: _____
Give myself a makeover	Interest level: None Slight Moderate High	NOTES: _____
Playing leisure games	Interest level: None Slight Moderate High	NOTES: _____
Researching/attending museums	Interest level: None Slight Moderate High	NOTES: _____
Writing letters	Interest level: None Slight Moderate High	NOTES: _____
Preparing meals	Interest level: None Slight Moderate High	NOTES: _____
Organizing a picnic	Interest level: None Slight Moderate High	NOTES: _____
Creating recipes	Interest level: None Slight Moderate High	NOTES: _____
Organizing work tasks	Interest level: None Slight Moderate High	NOTES: _____
Washing clothes	Interest level: None Slight Moderate High	NOTES: _____
Managing a household	Interest level: None Slight Moderate High	NOTES: _____
Organizing a living area	Interest level: None Slight Moderate High	NOTES: _____
Ordering takeout	Interest level: None Slight Moderate High	NOTES: _____
Gardening	Interest level: None Slight Moderate High	NOTES: _____
Decorating	Interest level: None Slight Moderate High	NOTES: _____
Update a resumé	Interest level: None Slight Moderate High	NOTES: _____
Reaching out to long-lost contacts	Interest level: None Slight Moderate High	NOTES: _____
Flower arranging	Interest level: None Slight Moderate High	NOTES: _____
Research history or genealogy	Interest level: None Slight Moderate High	NOTES: _____
(other)_____	Interest level: None Slight Moderate High	NOTES: _____
(other)_____	Interest level: None Slight Moderate High	NOTES: _____
(other)_____	Interest level: None Slight Moderate High	NOTES: _____