**Nice Speech Lady Tools— Prep-Communication Mechanisms (Provider Visits)**

When seeing a provider, some patients need help planning what to share.

What can be helpful is writing the reason for the visit and organizing what is needed.

Some patients may have a greater need for this, especially if there are difficulties with:

* focus,
* memory,
* pain,
* receptive/expressive deficits,
* recent changes in physical statuses,
* stress,
* lack of support,
* multiple medications,
* multiple diagnoses,
* too much change happening at once,
* mental health challenges, or
* other factors.

Medical SLPs can provide these prep-forms to patients, care-partners, as well as those with more-significant communication challenges.

These forms can be used for visits with:

* Medical primary care providers,
* Medical specialists,
* counselors,
* physical therapists,
* occupational therapists,
* speech-language pathologists,
* nursing visits,
* other caregivers.

Provided are printable options of the different versions (associated pages referenced):

• Patient Version (page 2)

• Care Partner Version (page 3)

• Version for Those with Communication Challenges (page 4)

• References/Research (page 5)

Due to the versions of different forms, clinicians can choose to print each form individually through printer setting preferences.

**Nice Speech Lady Tool — Prep-Communication Mechanism (Provider Visits)**

**Patient Version**

* My biggest issues are: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

* Other factors to know: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* What changed recently: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* What I would like you to ask about: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Something you don’t know about me: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* What would help, when we communicate: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

* What I need when we communicate: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* To explore, when time allows: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* In all transparency, it would help: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* My highest need at this point is: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* When I walk away from this appointment, I would like: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Discussed area (from before): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

*Rating areas of difficulty; please circle the number in the 0-10 range:*

*0 = no difficulty 5 or 6 = moderate difficulty*

*1 = very mild difficulty 7 = moderate to severe difficulty*

*2 or 3 = mild difficulty 8 or 9 = severe difficulty*

*4 = mild to moderate difficulty 10 = profound difficulty*

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_

Patient date

**Nice Speech Lady Tool — Prep-Communication Mechanism (Provider Visits)**

**Care Partner Version**

* The biggest issues are: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

* Other factors to know: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

* What changed recently: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* What we would like you to ask about: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Something you don’t know about the patient: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* What would help, when we communicate: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

* What is needed during communication: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* To explore, when time allows: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* In all transparency, it would help: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* The highest need at this point is: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* When walking away from this appointment, we would like: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Discussed area (from before): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

*Rating areas of difficulty; please circle the number in the 0-10 range:*

*0 = no difficulty 5 or 6 = moderate difficulty*

*1 = very mild difficulty 7 = moderate to severe difficulty*

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*4 = mild to moderate difficulty 10 = profound difficulty*

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_

Signature/printed name your role date

**Nice Speech Lady Tool — Prep-Communication Mechanism (Provider Visits)**

**Version for Those with Communication Challenges (Circle/Fill-In):**

* **Big issues:** PAIN, ROUTINE VISIT, SICKNESS: \_\_\_\_\_\_\_\_\_\_\_\_\_\_QUESTION: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

INJURY: \_\_\_\_\_\_\_\_\_\_\_\_ NEW SYMPTOMS: \_\_\_\_\_\_\_\_\_\_\_\_\_ SEE A SPECIALIST: \_\_\_\_\_\_\_\_\_\_\_\_\_

FOLLOW-UP ON:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ TALKING, UNDERSTANDING OTHERS, MEDICATION NEEDS

OTHER: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Factors:** RECENT TRAGEDY: \_\_\_\_\_\_\_\_\_\_, CHANGES: EATING, SLEEP, ACTIVITY, \_\_\_\_\_\_\_\_\_\_\_\_\_

SITUATION: \_\_\_\_\_\_\_\_\_\_\_\_ PHYSICAL SYMPTOMS: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_OTHER: \_\_\_\_\_\_\_\_\_\_\_\_\_\_

* **I want to ask:** HOW TO IMPROVE \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ WHAT TO DO ABOUT\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* **When we communicate:** USE WRITING USE BREAKS USE MY A/AC TOOLS SLOW DOWN

ASK ME YES/NO QUESTIONS MY CARE PARTNER SPEAKS FOR ME BE PATIENT VALIDATE

EYE CONTACT IS HARD I NEED TIME TO ANSWER LISTEN; IT HELPS INTERPRETER NEEDED

OTHER: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

* **Let’s talk someday on:** PREVENTING ILLNESS PRIVATE/HARD TOPICS RESOURCE NEEDS

MENTAL HEALTH MY QUESTIONS: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

* **I want to feel:** RESPECTED HEARD PATIENTLY LISTENED TO REFERRALS MADE

MY LOVED ONES ARE INVOLVED QUESTIONS ANSWERED PAIN/DISCOMFORT ADDRESSED

MEDICATION NEEDS ADDRESSED IT MATTERS WHAT I ASK CONCERNS ARE TENDED TO

I AM PREVENTING MEDICAL PROBLEMS A PLAN IN PLACE (other): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_

Patient date

**REFERENCES**

Roulstone, Sue. (2011). [Evidence, expertise, and patient preference in speech-language pathology. International journal of speech-language pathology](https://www.researchgate.net/publication/49843839_Evidence_expertise_and_patient_preference_in_speech-language_pathology). 13. 43-8. 10.3109/17549507.2010.491130.

Yu W, Li M, Ye F*, et al* [“Patient preference and choice of healthcare providers in Shanghai, China: a cross-sectional study.” *BMJ Open*](https://bmjopen.bmj.com/content/7/10/e016418)2017;**7:**e016418. doi: 10.1136/bmjopen-2017-016418